

2018-2019 Academy Indoor Training Schedule

November

Sun	Mon	Tues	Wed	Thur	Fri	Sat	Session #
				1	2	3	
4	5	6	7	8	9	10	Friday Only (makeup for 2/15)
11	12	13	14	15	16	17	1
18	19	20	21	22	23	24	No Practices
25	26	27	28	29	30		2

December

Sun	Mon	Tues	Wed	Thur	Fri	Sat	Session #
						1	2 (Con't)
2	3	4	5	6	7	8	3
9	10	11	12	13	14	15	4
16	17	18	19	20	21	22	5
23	24	25	26	27	28	29	No Practices
30	31						

January

Sun	Mon	Tues	Wed	Thur	Fri	Sat	Session #
		1	2	3	4	5	6 – Partial Week No Practice on 31 st , 1 st
6	7	8	9	10	11	12	7
13	14	15	16	17	18	19	8
21	22	22	23	24	25	26	9
27	28	29	30	31			10

February

Sun	Mon	Tues	Wed	Thur	Fri	Sat	Session #
					1	2	10 (Con't)
3	4	5	6	7	8	9	11
10	11	12	13	14	15	16	12 No Practice on 15 th
17	18	19	20	21	22	23	No Practices
24	25	26	27	28			13

March

Sun	Mon	Tues	Wed	Thur	Fri	Sat	Session #
					1	2	13 (Con't)
3	4	5	6	7	8	9	14
10	11	12	13	14	15	16	15
17	18	19	20	21	22	23	16
24	25	26	27	28	29	30	

Please note that no training sessions will be held during days / weeks that are highlighted in red.